



# St Mark's Intestinal Failure Patient Newsletter

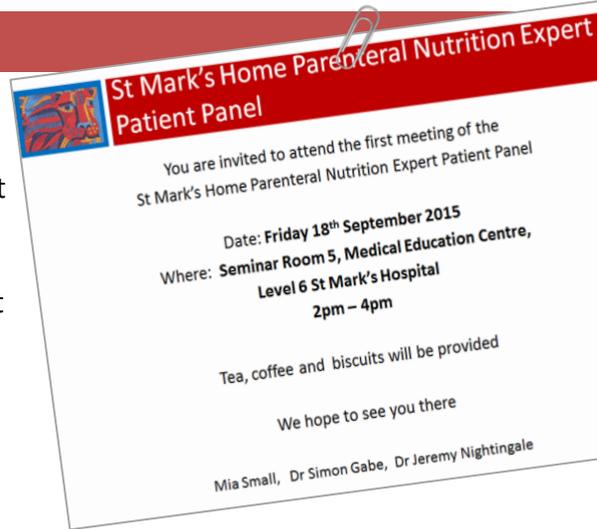
If you would like anything to be included in the newsletter then please email the nutrition nurses on [LNWH-tr.St-Marks-Nutrition-Nurses@nhs.net](mailto:LNWH-tr.St-Marks-Nutrition-Nurses@nhs.net)



September 2015

## 1<sup>st</sup> St Mark's Expert Patient Panel Meeting

We are hosting our 1<sup>st</sup> St Mark's home parenteral nutrition expert panel meeting on Friday 18<sup>th</sup> September 2015 between 2-4pm in Seminar Room 5, Medical Education Centre Level 6 St Mark's. Thank you to those of you who have expressed an interest in attending. This is open to all patients on home parenteral nutrition and if you were wondering whether or not you qualify as an expert, the simple answer is yes, as you are living with home parenteral nutrition. The first meeting will provide some background to expert patient panels and help you form some aims for the group. We look forward to seeing you there.



## Patient satisfaction survey

Thank you to those of you who have taken the time to complete the patient satisfaction survey. If you have not completed one there is still time. Please send your responses to us by the end of September 2015. We will share the results with you in October's newsletter and also answer some of the comments you have raised in your responses.

## Recognising a line infection? Do you know what to look for?

There are 2 main types of infection associated with having a line – local infection, or blood stream infection. A local infection refers to an infection of the skin at the area where the line exits the body. You would notice redness around the line and possibly some discharge of pus and some pain. This type of infection can usually be treated by cleaning the area with an antiseptic solution, and taking oral antibiotics. It is not normally serious, although if it does not respond to treatment, it may be necessary to remove the line. A blood stream infection (often referred to as a line infection) is a more serious type of infection that has entered the blood. This requires hospital admission and intravenous antibiotics. Common symptoms include a temperature, hot or cold sweats, rigors (uncontrollable shivering), or flu like symptoms.



## Congratulations to St Mark's HPN patients

We were delighted to hear that 2 of our HPN patients have been nominated for Pride of Britain Awards. Congratulations to Ayllah-Beau Foley and Cheryl Palmer!! This is a fantastic achievement, well done!



PRIDE of BRITAIN AWARDS 2015